Lauds Propers

Wednesday Week IV

6 Apr 2011

Invitatory Psalm Antiphon

Come, today, and listen to his voice: do not harden your *hearts.*

First Psalm

Psalm 108

Praise of the Lord and a plea for help

Cantor: My heart is ready, O God, my heart is rea*dy.*

East Choir:
My heart is ready, **O** God – *
my heart is ready.
I shall sing and make mu*sic.*
Awake, my **glo**ry! *
Rise up, harp and lyre!
We will awaken the *dawn.*
My heart is ready, O God, my heart is rea*dy.*

West Choir:
I will proclaim you to the peoples, **O** Lord, *
sing of you to the na*tions:*
for your kindness is great, it reaches the **heav**ens; *
great is your faithfulness, high as the *clouds.*
Be exalted, O God, above the **heav**ens; *
let your glory stretch over the *earth.*
Give deliverance to your be**lov**ed, *
let your right hand bring safety – answer my pray*er!*
My heart is ready, O God, my heart is rea*dy.*

East Choir:
God has spoken from his ho**ly** place: *
"I shall triumph, dividing Shechem,
measuring off the vale of Suc*coth.*
Mine is Gilead, mine is Ma**nas**seh; *
Ephraim my helmet, Judah my scep*tre.*
But Moab shall be my wash-**ba**sin, *
on Edom I will place my sandal;
I will cry in triumph over the Philis*tine."*
My heart is ready, O God, my heart is rea*dy.*

West Choir:
Who shall lead me to the fortified **ci**ty? *
Who shall lead me to E*dom?*
Surely you, God – although you reject**ed** us. *
Will you not come out, O God, with our ar*mies?*
Give us help in our **troub**les, *
for vain is the help of *man.*
With God we shall **tri**umph – *
he will trample our ene*mies.*
My heart is ready, O God, my heart is rea*dy.*

Full Choir: *(profound bow)*
Glory be to the Father and to the Son and to the Holy **Spi**rit, *
as it was in the beginning is now,
and ever shall be world without end. A*men.*

Cantor:
Accept the prayers of your servants, Lord, and prepare our hearts to praise your holy name. Come to our aid in times of trouble, and make us worthy to sing you songs of thanksgiving.

Full Choir:
My heart is ready, O God, my heart is rea*dy.*

Canticle

Isaiah 61-62

The prophet rejoices over the new Jerusalem

Cantor:
The Lord has clothed me in a garment of justice and salva*tion.*

East Choir:
I will rejoice with joy in **the** Lord, *
and my spirit shall be joyful in my *God,*
for he has clothed me with the garments of sal**va**tion *
and wrapped me round with the robe of jus*tice,*
like a bridegroom decked with **a** crown, *
like a bride adorned with her jew*els.*
The Lord has clothed me in a garment of justice and salva*tion.*

West Choir:
Just as the earth sends up **its** shoots, *
and the garden makes its seeds to *sprout,*
so the Lord God will make justice **spring** up *
and praise before all the na*tions.*
The Lord has clothed me in a garment of justice and salva*tion.*

East Choir:
For Zion's sake I will not be **si**lent, *
for the sake of Jerusalem I will not be *still*
until her justice comes forth as **bright**ness, *
and her salvation is lit up like a *torch.*
The Lord has clothed me in a garment of justice and salva*tion.*

West Choir:
And the Gentiles shall see your **jus**tice, *
and all the kings see your glo*ry.*
You shall be called by a **new** name, *
chosen by the mouth of the *Lord.*
You shall be a crown of glory in the hand of **the** Lord, *
a royal diadem in the hand of your *God.*
The Lord has clothed me in a garment of justice and salva*tion.*

East Choir:
No longer called "For**sa**ken," *
your land no longer called "Deso*late,"*
you will be called "My pleasure **in** her," *
and your land "The Wed*ded";*
for the Lord has been well pleased **with** you, *
and your land will receive its bride*groom.*
The Lord has clothed me in a garment of justice and salva*tion.*

West Choir:
For as a young man takes a virgin **to** wife, *
so will your sons take *you;*

and as a husband takes joy in **his** spouse, *
so your God will rejoice at *you.*

Full Choir: Glory be to the Father and to the Son and to the Holy **Spi**rit, *
(profound bow) as it was in the beginning is now,
and ever shall be world without end. A*men.*

Full Choir: The Lord has clothed me in a garment of justice and salva*tion.*

Second Psalm

Psalm 146

The blessedness of those who hope in the Lord

Cantor: I will praise my God all my *days.*

East Choir: Praise the Lord, **my** soul. *
I will praise the Lord all my life,
make music to my God as long as I ex*ist.*
I will praise my God all my *days.*

West Choir: Do not trust in princes to **save** you, *
they are only sons of *men.*
One day their breath will leave them, they will return to **the** ground; *
on that day perish all their *plans.*
I will praise my God all my *days.*

East Choir: Happy the one whose help is the God of **Ja**cob, *
whose hope is in the Lord his *God,*
who made heaven and earth and all that is **in** them, *
who keeps faith for ever,
who gives justice to the oppressed,
who gives food to the hun*gry.*
I will praise my God all my *days.*

West Choir: The Lord frees pri**son**ers, *
he gives light to the blind,
he raises the fal*len.*
The Lord loves the upright, cares for **stran**gers, *
sustains orphans and widows;
but the wicked he sends a*stray.*
I will praise my God all my *days.*

East Choir: The Lord will reign for all **a**ges, *
your God, O Zion, from generation to genera*tion.*

Full Choir: Glory be to the Father and to the Son and to the Holy **Spi**rit, *
(profound bow) as it was in the beginning is now,
and ever shall be world without end. A*men.*

Cantor: God of glory and power, those who have put all their trust in you are happy indeed. Shine the brightness of your light on us, that we may love you always with a pure heart.

Full Choir: I will praise my God all my *days.*

Reading

Deuteronomy 7:6,8-9

Lector: It is you that the Lord our God has chosen to be his very own people out of all the peoples on the earth. It was for love of you and to keep the oath he swore to your fathers that the Lord brought you out with his mighty hand and redeemed you from the house of slavery, from the power of Pharaoh king of Egypt. Know then that the Lord your God is God indeed, the faithful God who is true to his covenant and his graciousness for a thousand generations towards those who love him and keep his commandments.

(Silent Reflection)

Responsory

Lector: He himself will free me from the hunter's snare.
Full Choir: – *He himself will free me from the hunter's snare.*
Lector: And from evil slander.
Full Choir: – *He himself will free me from the hunter's snare.*
Lector: (all: profound bow) Glory be to the Father and to the Son and to the Holy Spirit.
Full Choir: – *He himself will free me from the hunter's snare.*

Benedictus Antiphon

I tell you most solemnly, whoever listens to **my** words, *
and believes in the one who sent me, has eternal *life*.

Intercessions

Lector: *Let us give thanks to God the Father, who fills our hearts with the Holy Spirit and thus purifies them and makes them steadfast in love:*
Full Choir: – *Lord, give us your Holy Spirit.*
Lector: Grant that we may receive good things from your hands with gratitude and accept the bad things with patience.
Full Choir: – *Lord, give us your Holy Spirit.*
Lector: Although we long to perform grand and magnificent acts of love, may we still take all the tiny opportunities for love that each day brings.
Full Choir: – *Lord, give us your Holy Spirit.*
Lector: Give us the gift of abstaining from excess, so that we can give more to our poorer brethren.
Full Choir: – *Lord, give us your Holy Spirit.*
Lector: May we carry your Son's death around in our bodies: for through his body you have given us life.
Full Choir: – *Lord, give us your Holy Spirit.*

Prayer

Lord, you reward virtue and forgive the repentant sinner. Grant us your forgiveness as we come before you confessing our guilt. We ask this through our Lord Jesus Christ, your Son, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.